



Outdoor activities in Epirus region

DAY 1 Arrival to Aktion, Transfer to Ioannina. Overnight in Ioannina.

Arrival to Aktion, Mount to bus and start our journey, by leaving behind the airport we will pass through tunnel and th Gulf of Aktion where the battle of Actium took place, between Mark Anthony and Cleopatra, and the win went to the romans, we will enjoy the beautiful history by heading to the ancient Nikopolis where we will visit a section of Roman Stadium and ancient theater of the Octavian. Our trip continues to Ioannina. Arrival to Hotel, check in. Free time.

DAY 2 Breakfast. Free Day dedicated for adventures

DAY 3 Breakfast. Free Day dedicated for adventures

DAY 4 Breakfast. Free Day dedicated for adventures

DAY 5 Breakfast. Free Day dedicated for adventures

DAY 6 Breakfast. Free Day dedicated for adventures

DAY 7 Breakfast. Free Day dedicated for adventures

DAY 8 Departure

INCLUDED IN PACKAGE:	NOT INCLUDED IN PACKAGE:
Landline transportation English speaking professional Guide for all required sites 24/7 phone support English speaking personell for all the excursions	Entrances to museums and archeological sites Any clients' personal expenses Food and beverages during trip Tips
NOTES	
1 st Day can be changed in case of late arrival The program is valid for any stay duration All the necessary equipment is provided for the excursions described below	





Acheron River Activities

- Riding on Sources
- Paragliding in Paramithia
- Rafting, kayak and canoe – kayak Straits
- Cycling along the river
- Canyoning in the Strait
- Observation of nature
- Swimming – if you can tolerate the icy waters of the river
- Scuba diving and all water sports on the Beach

Zagori Region Activities

- Rafting Voidomatis river 1

At the crystal clear Voidomatis we organise daily rafting tours. Is a unique experience to raft on the crystal clear waters of the river! Our route starts from the bridge of Aristi and finishes after 1.30 hour at the beautiful Klidonia bridge.

- Rafting Voidomatis river 2

During the rafting, we will move down from plane trees, you will know the history of the region and of course stop for a swim! Is a unique experience to swim the frozen waters of the Voidomatis!!

Also a short visit to the monastery of Agion Anargyron, and our great surprise at the end under the Klidonia Bridge!! You need only to bring a bathing suite or second underwear.

- Walking Elati the botanic path, weaving center ANO KATO

A small walk starts from the village of Elati, down hilling towards the old ruins of the watermill. During the walk we recognize wild flowers, trees and herbs, explaining the importance they had for the people living at the area many years ago. A short trip to the history of Zagori, through stories and tales who where transferred from generation to generation. Returning from the walk we have a small surprise, we can practice archery!! We end our day by visiting the wool work & weaving center where we join a small seminar of traditional weaving and felting we create our own felt jewelry!!

Around 4-5 hours, walking 1,30 hours very easy

- Walk Beloi – Vradeto Steps – Kapesovo – Kipi

A walk that has a big variety of views and villages. We start from the highest village of Zagori Vradeto, towards a fantastic view point to the Vikos Gorge, a breath taking view, as we stand on the edge of the high cliffs!! We return back to Vradeto, and we downhill the amazing stone path build at the side of the steep slopes of the area. At Kapesovo we visit the typical family shop, where we can taste local products, like sweets, liqueur, and find out how they are made. The walk down hills more through old grape fields and forest, to Kipi, where we visit some of the most important bridges of the area.

Around 4-5 hours of walking (with stops&breaks) very easy

- Canyoning Rogovou Gorge !

After taking the necessary, equipment, uniforms and helmets, we climb the path to meet the river. Then we descend through the stream and observe the beautiful rocks that the water carves over the years ! After walking a bit, it's time to use the ropes ! We will descend a waterfall about 10 meters! With the help of our experienced guides we end up swimming in the natural pools of Rogovo , near the road connecting the villages of Mikro and Megalo Papigo !

Duration, 2,30 hours easy



- **Walk Vitsa – Koukouli – Kipi, drive to Dilofo**

We hike from Vitsa to Koukouli, Kipi, where we tour around the old bridges that connected the villages, years ago. The walk starts from Vitsa, down hilling the Vitsa Steps, in the heart of Vikos Gorge. We cross one of the famous arched bridges and start up hilling towards Koukouli. The village square calls for a refreshment!! The walk continues to Kipi, where we rest and see some more beautiful bridges, a real work of art! We drive to Dilofo for a visit at the beautiful village

Around 3 hours walk plus the visit to Dilofo 4-5 total

- **The Voidomatis Gorge**

The walk is right in the National Park. Our walk starts from the old bridge of Klidonia. We walk next to Voidomatis river one of the cleanest and coldest rivers of Europe! The walk is always under the huge plane trees at the bank of the river. On our way we visit the old abandoned monastery of Ag. Anargyroi, many times destroyed through the years. The walk continues always next to the magical blue of the river to the bridge of Aristi. On the drive back we can visit the monastery of Panagia Spileotissa with the impressive bell tower, having views to the gorge.

Around 3 hours walk

Canyoning in Zagori

- **Canyoning is an activity for adrenaline seekers!!**

We explore the unexplored, descent places where no one has been before, admire the beautiful rock formations of nature, having fun!!

Canyoning is a descent of steep slopes & canyons with the help of ropes. The rapels (descent with ropes) vary from 5 to 35 meters! We experience adrenaline with our expert personnel, and take you to a canyon near Vradeto Steps, ideal for your first canyoning experience!

In this gorge, the meeting point is our base at Kipi village, where we are taking the equipment and with the companies van we are transferred to Vradeto, highest village of Zagori. There is information and a small lesson on how to move to the gorge and we start rappelling.

We are in stunning scenery and a unique limestone rock, where the formations are rare. The gorges pretreated formerly the local found refuge from the conquerors. The canyon has two large "abseiles" of 30 meters!

Mountain Bike in Pindus

Samarina – Distrato

Start from the main square of the popular village of Samarina. At the beginning, we cross the water wood saw, the road will take us to the old Monastery of Agia Paraskevi protector of the blind. After the monastery we enter the forest road toward Valia Krna, which is the vlach name for devils valley. After scenic road about 10km under the peaks of Smolikas 2nd highest of Greece, we reach the stream of the valley. A drive of about 3km to the beautiful waterfalls is worth it! We drive back to the main road and continue towards Distrato. The road is very pleasant and beautiful as we drive high through meadows and great views! Soon we downhill to the asphalt road and we can see Distrato village in front of us! Before entering the village, there is an optional stop for a swim in the river. After a light lunch, transfer back to hotel

Length of route 27km, Alt. 1440m – 948m



Distrato – Vovousa

This day we are driving basically at the foot of Mt. Vasilitsa! It is an amazing ride mostly through forest. These areas have a lot of stories to tell especially during the 2nd world war! Fallen airplanes, alpine brigades, and partisans were fighting on those mountains! We start going uphill for some kilometers, and after the ride becomes joyful, downhill on a very well paved forest road we have the chance to enjoy the unspoiled nature and the mountains of Aaos Valley!. Through thick forest we reach the banks of Aaos River and the village of Vovousa, we have entered the most remote village of Zagori area, and the entrance of the National part of Valia Calda. After a light lunch, transfer back to hotel

Length 41km Alt. 948m – 1466m – 985m.

Crossing Valia Calda Protected Area

A small transfer to starting point and off we go to bike in one of the most amazing forests of Greece! In Vlach, Valia Calda means warm valley! We start downhill in a well maintained forest road, crossing a spring and the houses of the forest service! After we enter the "core" of the protected forest, at the valley we can see the southern point where the European spruce grows (picea abies). The road crosses the whole valley under the peaks of Mt. Flegga (2077m), will take us to the Milia col. From there we drive the tarmac road towards the lake of the Aaos springs. After a light lunch, transfer back to hotel

Length 54km, 35Km forest road, 19Km tarmac Alt. 1600m – 1296m – 1420m- 1340m.

Entering Zagori area

Today we start our route directly from the refuge and we are crossing through Morfa pass, one of the most impressive and challenging routes of the area. We climb almost 600m and reach the pass. The route rewards us with beautiful views of all the surrounding mountains, the impressive Timfi, and Smolikas, as well as the rest of the Zagori area. The fun starts as we begin our downhill, the forest road towards Laista, one of the most beautiful Zagori villages. After a light lunch, transfer back to hotel

Length 27km Alt 985m – 1534m – 950m

Laista to Negades village

After a nice breakfast we start the tour in the most beautiful mountain landscapes of Greece, on the tarmac until Giftokampos area, where we visit the representation of the houses of the nomadic folk "Sarakatsani". Then we enter a beautiful forest road and drive to another plateau called "Templitses", an area where a lot of shepherds bring their flocks for the summer season. An easy and scenic road takes us through thick forest sometimes, to a beautiful village of Negades, After a light lunch, transfer back to hotel

Length 48,2km, tarmac 19,9km, forest road 28,3km Alt. 950m – 1075m – 1285m – 1000m

Central Zagori

Today we mostly do a "sightseeing" tour. We are at central Zagori, where we have a lot of interesting things to see. Old arched bridges, monuments, monasteries and lots of Nature!

We start from Negades towards Kipi village where we see a lot of arched stone bridges, the only connection with the world not long ago... We continue to Monodentri to see views of the Vikos Gorge from Oxia view point and we downhill back to the village and visit Agia Paraskevi monastery. After a light lunch, transfer back to hotel

Length (until Monod.) 27.7 km Alt. 1000m – 750m – 1100m – 1376m



Daily Mountain Biking

Route No.1: Avgerinos – Kapesovo – Koukouli – Kipi

**Altitudinal. Difference: 550. Duration 1.30-2.00 hours Difficulty: Easy
21km. 95% downhill, 5% straight, 14km dirtroad, 7km asphalt**

Description: Meeting point at the base Kipoi. We choose cycling equipment and begin to start the route in Avgerinos, in Vradeto. After about 45 minutes car ride, starting to bike downhill to Kapesovo. The route continues from dirt road to Koukouli, and then to Kipi, where we visit the famous bridges, end of the tour.

Route No.2: Elati – Dikorfo – Riziana – Kipi

**Altitudinal. Difference: 150. Duration 2.00-2.30 hours, Difficulty: Moderate
20km, Downhill 70 %, straight 15%, uphill 15%, 9km dirt, 11km asphalt road**

Description: Meeting point at the base Elati. We choose cycling equipment and begin to start the path toward the village of Elati. We Start to bike the main road to Dikorfo, and before the village, we enter into a dirt road through a beautiful forest, overlooking Timfi and the Vikos Gorge. We continue downhill to Riziana and in a while we bike on asphalt and downhill on a pleasant road to Kipi, where we visit the famous bridges and end the tour. After a light lunch, transfer back to hotel

Route No.3: In the woods of Gyftokambos

**Altitudinal. Difference: 150. Duration 2.30-3.00 hours, Difficulty: Moderate
23Km, 50% uphill, 50% downhill, 20Km Dirt, 3Km Asphalt**

Description: Meeting point at the base Kipi. We choose cycling equipment and begin to start the route to Gyftokambos. Here we enter a dirt road and a beautiful pine forest. Our route is circular and starts calm uphill, and descends to the beautiful Sarakatsaniki folds. Here we stop for a visit, and continue downhill to the car. Great route in terms of views and natural beauty. After a light lunch, transfer back to hotel



Contact us

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Thank you!